

ThinkPad E14 Gen 7 (Intel) 21SX0057BM

PERFORMANCE

- Processor**
Intel® Core™ Ultra 5 225U, 12C (2P + 8E + 2LPE) / 14T, Max Turbo up to 4.8GHz, 12MB
- AI PC Category**^[1]
AI PC
- NPU**
Integrated Intel® AI Boost, up to 12 TOPS
- Graphics**
Integrated Intel® Graphics
- Chipset**
Intel® SoC Platform
- Memory**
1x 16GB SO-DIMM DDR5-5600
- Memory Slots**
Models with U or H series processor: two DDR5 SODIMM slots, dual-channel capable
- Max Memory**
Models with Core Ultra processor and Core 7 240H processor: up to 64GB DDR5-5600
- Storage**
512GB SSD M.2 2242 PCIe® 4.0x4 NVMe® Opal 2.0
- Max Storage Support**^[2]
Models with U or H series processor:
up to two drives, 2x M.2 SSD
- M.2 2242 SSD up to 1TB
 - M.2 2280 SSD up to 1TB
- Storage Slot**
Models with U or H series processor: two M.2 slots
- One M.2 2242 PCIe® 4.0 x4 slot
 - One M.2 2280 PCIe® 4.0 x4 slot
- Card Reader**
No card reader
- Audio Chip**
High Definition (HD) Audio, Senary SN6147 codec
- Speakers**
Stereo speakers, 2W x2, Dolby Atmos®, audio by HARMAN
- Camera**
FHD 1080p + IR Hybrid with Privacy Shutter
- Microphone**
2x, Array
- Battery**
64Wh
- Power Adapter**
65W USB-C® (3-pin)

DESIGN

- Display**^[3]
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz
- Screen-to-Body Ratio**
90%
- Keyboard**
Backlit, Bulgarian
- Case Color**
Black
- Case Material**
Aluminium (Top), Aluminium (Bottom)
- Pen**
Pen Not Supported
- Dimensions (WxDxH)**^[4]
313 x 220.3 x 10.1/15.25 (front/rear), 19.7 (maximum) mm;
12.32 x 8.67 x 0.40/0.60 (front/rear), 0.78 (maximum) inches
- Weight**^[5]
Starting at 1.34 kg (2.95 lbs)
- CONNECTIVITY**
- WLAN + Bluetooth**^[6]
Intel® Wi-Fi® 6E AX211, 802.11ax 2x2 + BT5.3
- WWAN**
Non-WWAN
- Ethernet**
100/1000M (RJ-45)
- Standard Ports**
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
 - 1x USB-A (USB 10Gbps / USB 3.2 Gen 2), Always On
 - 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 2.1
 - 1x HDMI® 2.1, up to 4K/60Hz
 - 1x Headphone / microphone combo jack (3.5mm)
 - 1x Ethernet (RJ-45)
- Optional Ports (configured)**
1x USB-C® (USB 20Gbps / USB 3.2 Gen 2x2), with USB PD 3.1 and DisplayPort™ 1.4
- Docking**
Various docking solutions supported via Thunderbolt™ or USB-C®.
For more compatible docking solutions, please visit [Docking for ThinkPad® E14 Gen 7 \(Intel®\)](#)
- SECURITY & PRIVACY**
- Security Chip**
Discrete TPM 2.0 Enabled
- Fingerprint Reader**
Touch Style, Match-on-Chip, Integrated in Power Button

- Physical Locks**
Kensington® Nano Security Slot™, 2.5 x 6 mm
- Other Security**
- Camera privacy shutter
 - IR camera for Windows® Hello (facial recognition)

MANAGEABILITY

- System Management**
Non-vPro®
- SERVICE**
- Base Warranty**
1-year, Courier or Carry-in
- Included Upgrade**
1Y Premier WHB (CPN), 3Y Onsite upgrade from 1Y Courier/Carry-in Windchill (CPN)

CERTIFICATIONS

- Green Certifications**
- ErP Lot 6/26
 - RoHS compliant
 - TCO Certified 10.0
- Other Certifications**
TÜV Rheinland® Low Blue Light (Software Solution)
- Mil-Spec Test**
MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2025-04-15
EAN / UPC / JAN	: 0198158766388	End of Support	: 2031-11-15



Product image is a sample, it may not match the real color of this model

Note:

[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot.....

· Lenovo reserves the right to change specifications without notice.

To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



Lenovo 65W USB-C DC Travel Adapter

40AK0065WW

Power up and stay productive on the road with this DC Travel adapter. Lenovo 65W USB-C DC Travel Adapter is the universal DC adapter, providing 65W power via USB-C for outdoor use.

Recommended Services

BETTER

3Y Premier Support upgrade from 1Y Premier Support (5WS1B38519)

Please click [here](#) to view the full list of accessories.



PSREF
Product Specifications
Reference